



Tips for the Last-Minute Organiser

Day of Silence is around the corner! Maybe you haven't had an opportunity to organise, or perhaps your school won't support you being silent all day. Don't worry, there are still lots of things you can do to participate in the Day of Silence!

The Style

Wear a Day of Silence badge, shirt or sticker if your school allows it. You can make and wear your own DOS t-shirt or even a simple rainbow ribbon. Every new person who learns about the Day of Silence may be a supportive ally in organising the project next year.

The Silent Lunch

Ask some friends or school groups to join you and gather at a table or area for a silent lunch to recognise the Day of Silence. End this period by spending some time discussing how you feel queer and trans* students are silenced because of harassment, discrimination and abuse, and brainstorm ways you can help end the silence in your school.

The Announcement

Only found out about Day of Silence late in the day, but your school is still supportive? Ask a teacher to let you talk for five minutes at the beginning of class about what the Day of Silence is, and why you think it's important. Or you can ask to include DOS in your school notices for the day. Another option is to talk about it in a school assembly if school staff will allow it.

The Party

Plan a social event for the evening or the day after Day of Silence so that you and your fellow participants can celebrate your hard work!

The Workshop

Day of Silence is an opportunity to spark conversation about homophobic, biphobic and transphobic bullying. It's helpful to follow up your DOS participation with a workshop for your QSA, fellow students, or teachers in your school. You can train your peers on how to respond to discriminatory behaviour, teach the staff about different identities and issues queer and trans* people face. The more awareness, the better!

The Assignment

Use the Day of Silence as a topic for your school work. Incorporate it into an English creative writing piece, or perhaps write about queer rights in History. In Media Studies you could make a short film about the struggle. Get creative!

The Article

Write something for your school newspaper. You can write about why the Day of Silence is important to you or tell a story about your experiences of bullying.

START TALKING TO YOUR TEACHERS, CLASSMATES AND FRIENDS ABOUT WHAT THE DAY OF SILENCE IS TODAY!

While taking a vow of silence may not be possible for you this year, starting to build a base of support will help you in creating a truly awesome Day of Silence in your school next year.